

Bereavement Counseling and Support Service

**St. Bernard, Levittown
St. Brigid, Westbury**

Two general bereavement groups this spring, and our ongoing groups for bereaved parents and survivors of suicide will be resuming as well. Joan McGovern is the new bereavement coordinator at St. Brigid and will be the facilitator of their group. Joan was trained by me and is an excellent experienced support group facilitator. I will continue to lead the newly bereaved and survivors of suicide loss groups at St. Bernard, and the bereaved parents group will be led by bereaved parents trained by me.

General Bereavement Groups (meet weekly)

St. Brigid's Parish	Wednesdays	March 4 – May 6	7:00 PM to 8:15 PM
St. Bernard's Parish	Saturdays	April 18- June 6	10:30 AM to noon

Group for Bereaved Parents (meets 1st and 3rd Monday of the month)

St Bernard's Parish	Mondays	March 16 - ongoing	7:00 PM to 8:15 PM
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Group for Survivors of Suicide (meets 2nd and 4th Monday of the month)

St. Bernard's Parish	Mondays	March 23 - ongoing	7:00 PM to 8:15 PM
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Those who have questions about the groups can contact me via email at lousab@aol.com or call me at my cell number 516-660-1352. I also have a new Suffolk office number, 631-823-0552.

There is a one-time registration fee of \$25 for all groups. Interested individuals need to register by contacting the parish directly. Sister Christine Sammons is the contact person at St. Bernard's, 516-731-6074 and Maria Piniero is the contact person at St. Brigid, 516-334-0021.
Visit: www.empoweringthebereaved.com for latest updates on groups.