



DIOCESE OF ROCKVILLE CENTRE
OFFICE OF FAITH FORMATION

Train to be a FOCCUS Facilitator...



FOCCUS (Facilitating Open Couple Communication Understanding and Study) is a self-assessment instrument designed to help couples learn more about themselves and determine their readiness for marriage.

and touch the lives of couples preparing for the sacrament of marriage.

FOCCUS is not a test but a tool to assist couples in examining their individual and shared attitudes concerning commitment, children, gender roles, finances, religion, and values.

FOCCUS also addresses areas such as communication, problem-solving, dual careers, remarriage, interfaith relationships, cohabitation, and domestic violence.

There is no charge for this workshop. We will be working with the *FOCCUS Facilitator's Manual* in class. The cost of the manual is \$45.00. Contact Kathleen Logan, 516-678-5800 ext. 236, to purchase.

Instructor: Katherine M. Spencer, LCSW-R

In addition to her expertise as a mental health professional, Katherine is an active member of the Marriage Preparation Team at St. Brigid, Westbury. She has used the FOCCUS instrument in preparing many couples for marriage.

Location: St. Matthew's Parish, Dix Hills

Day/Time: Wednesday evenings,
7:30 p.m. to 9:30 p.m.

Dates: September 5 and 12, 2007.

To register, contact Cindy Holmes at 516-678-5800 ext. 204 or cholmes@drvc.org.