

NATURAL FAMILY PLANNING

2011 REGISTRATION FORM

Name _____

Name _____

Phone _____ Email _____

Address _____

Town/Zip _____

Are you engaged? _____ Wedding Date _____

Married? _____ How Long? _____

Session Date _____

Please enclose this form with a \$50.00 check made payable to *The Office of Faith Formation* and mail to address below. Or register and pay online at www.drvc-faith.org/NaturalFamilyPlanning.html. Please contact the office in case of financial hardship.



DIOCESE OF ROCKVILLE CENTRE
Office of Faith Formation
PO Box 9023
Rockville Centre, NY 11571-9023

PLAN YOUR FAMILY *Naturally*




with
NATURAL FAMILY PLANNING
2011

DIOCESE OF ROCKVILLE CENTRE
50 North Park Avenue Post Office Box 9023



OFFICE OF FAITH FORMATION
Rockville Centre, New York 11571-9023

What is NFP?



NFP is a Natural approach to FAMILY PLANNING. A couple who uses NFP understands the biology and theology of the body and can promote or postpone pregnancy. While all children are a gift from God, NFP permits a couple to responsibly limit family size, or postpone pregnancy, while fulfilling a couple's duties to God, each other, their family, and society. NFP is NOT the rhythm method.

Why should we use NFP?

NFP is marriage insurance. Couples who use NFP have a divorce rate of less than 5%.

NFP is "natural" and has no side effects from artificial hormones. No "barriers" between the spouses. It is completely organic.

NFP fosters an increased appreciation for nature, biology, and God's gift of fertility.

NFP unites the spouses and allows them to commit themselves totally and unconditionally to one another without withholding one's fertility.

NFP follows the Magisterium or sacred teachings of the Church. A couple using NFP never excludes God's creative power. NFP complies with the Divine Law and Natural Law and allows spouses to share themselves in their union with Christ.

NFP is reliable. Studies show NFP is 98-99% effective.


NFP is inexpensive. It uses no pills or artificial devices. NFP does not cause early abortions.

NFP is simple to use and does not disrupt the body's natural cycles.

NFP is the best kept secret to build a long, lasting, and loving marriage. It fosters connection, rather than contraception.

NFP helps one plan a family by understanding fertility with fidelity to the Church.

Session dates




Sessions begin at 7:30 p.m. and are held in convenient locations in Nassau County. Optional follow-up sessions are available according to the needs of couples.

July 8
September 9
November 11


Registration must be completed at least one week prior to the start of your session.

NFP fee



\$50.00 per couple. The fee covers attendance at the course and course materials. Couples may attend the course again as a "refresher" at any time. Please complete the registration form on this brochure or register at www.drvc-faith.org.

NFP Seminars



NFP seminars are taught by volunteer couples who have learned NFP and used NFP to plan their own families. Each couple has been certified as an NFP Teaching Couple.

The seminars consist of one session of approximately 2 hours. NFP Teaching Couples make themselves available by phone following a couple's participation in the seminar. If you would like more information call 678-5800 ext. 204 or visit the Diocesan website at www.drvc-faith.org.



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PHONE: 516-678-5800 • FAX: 516-536-3473 • www.drvc-faith.org/nfp