



## Uncovering the Sacred at Home

*“The family has been established as an intimate community of life and love.”*

--THE APOSTOLIC EXHORTATION ON THE FAMILY by Pope John Paul II, Nov. 1981

Every family has a unique way of experiencing God in their everydayness. When love is present in our family then God is there. **God is love.** 1 John 5:16. Below are ordinary ways that families make God’s love present. Circle the pictures that your family does often.



Daily efforts to be kind

Commits to act like Jesus (WWJD)



Prays together

Forgives each other



Celebrates

Goes to Church



### ***Think It Through***

What do you celebrate in your home? \_\_\_\_\_

When do you pray at home? \_\_\_\_\_

Jesus calls us to love one another. When have you helped another at home? \_\_\_\_\_

### ***Act***

Create a family container (box, jar, etc) labeled “A piece of God’s Love.” In the container put ordinary ways that we can make God’s love come alive in our home (i.e., be kind to often at home, help mom with the dishes, say – “I’m sorry” when you do wrong). Each week, draw out one suggestion and as a family work to make God’s love evident in everyday life.

### ***Scripture***

“God is love, and whoever remains in love remains in God and God in him.” *1John 4:17*

### ***Resources:***

Books: *Sacred Dwelling: A Spirituality of Family Life* by Wendy M. Wright

*More Than Meets the Eye – Finding God in the Creases and Folds of Family Life* by Mary Jo Pedersen, Thomas Greisen, Ronald Wasikowski